



Dear Friends of Beyond Hunger,

It is with great regret that we, the co-founders of Beyond Hunger, inform you of the closing of our doors.

It has been an honor to serve Marin County and the greater Bay Area as a non-profit since 1988. Beyond Hunger's core mission is dedicated to healing body hatred and disordered eating by providing prevention, education and support to individuals with eating disorders. We have been blessed to work with individuals in our support groups and workshops, and to train our youth peer educators to teach eating disorder prevention in schools in Marin County, East Bay, San Francisco and Sonoma County. We've cherished the opportunity to write our two books, *It's Not About Food* and *Over It*, as well as develop our *Body Love Cards*, that have informed individuals locally and globally.

Established in 1988.  
Beyond Hunger's mission is to heal body hatred and disordered eating by providing prevention, education, and support groups.

Board of Directors

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*Emeritus*

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Anna Zulaica

We are eternally grateful for the support of our individual donors, foundations, volunteers and trusted board members who over these past 30 years have been dedicated to our work and have made a profound difference in our community.

To our clients who participated in our services, our staff and peer educators, we are indebted to you for the ways you touched our lives, inspired our hearts, and gave meaning and purpose to our work. There is no doubt that we are better people because of the work we have done with you and Beyond Hunger.

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We are well aware that the fight to liberate people from the oppression of sizeism, body hatred, and the obsession with food and weight is not over. Yet we know that the pursuit of the truth is bigger than us; we find consolation in witnessing the spirit of the movement alive in those we have served.

A 501(c) 3 non-profit;  
Tax ID#: 94-3181714

We will continue to have resources on our website,  
[www.beyondhunger.org](http://www.beyondhunger.org).

We are deeply grateful for the opportunity and the journey.

With love,  
Laurelee and Carol